

DISABILITY NETWORK OAKLAND & MACOMB

PRESENTS

'COMMON THREAD'

A support group for all people with disabilities.
Plus a separate support group for Caregivers

Beginning in September 2008

Common Thread for People with Disabilities meets the second Wednesday of each month from 1:00 – 2:30 p.m.

Common Thread for Caregivers meets the fourth Wednesday of each month from 1:00 - 2:30 p.m.



**Working to Empower
People with Disabilities**

Excluding Holidays that fall on the second or fourth Wednesday of the month, meetings will be held at :

DISABILITY NETWORK

16645 15 Mile Road
Clinton Township, MI 48035
Phone: 586 268 4160
Fax: 586 268 4160

Facilitator: Dorie Bawks
dbawks@dnom.org



'Common Thread' is a structured support group that aims to address the common issues faced by all people with disabilities. Whether your disability occurred through chronic illness, congenital or an acquired condition, we welcome you! In addition to this, partners and caregivers will also be given the same opportunity to experience their own unique supportive environment on a separate day.

'Common Thread's mission is to provide ongoing mutual support, feedback and exposure to a variety of topics that will help facilitate emotional growth, adjustment, and empowerment for both groups.

Whether you are a person with a disability or someone who provides care to someone with a disability, how many times have you thought "My independence depends on your independence!"? It is a common theme from both groups. Although this may seem counterproductive to think this way, often this is exactly how both the caregiver, and those who are reliant on caregivers feel.

Everyone wants their own independence! Come join us as together we discover how to untangle the knot of threads and find the common threads that will lead us each to our own independence.